

COURSE: **DG001**

#### SPONSOR

Milan Kabat

#### LECTURER

Milan Kabat

#### LANGUAGE

EN RU SK

#### DURATION (TIME)

75 min

#### PLACE

Gym

#### DIFFICULTY



# beeSPORT | Tester - Dryland

## AFTER COMPLETING THIS COURSE, YOU WILL BE ABLE TO

Test independently hockey players. beeSPORT | Tester is a comprehensive solution for sport testing and evaluating the level-conditioning and coordination abilities of a hockey player. beeSPORT | Tester Dryland is ideal solution for every kind of sport. Moreover beeSPORT | Tester includes a set of tests specifically designed for ice hockey players. Testing on dryland is possible on the premises of a gym or gyms with appropriate equipment. We recommend using the beeSPORT | Tester not only for testing and evaluation, as well as a normal part of daily training, due to the possibility of immediate and objective feedback.

## COURSE OUTLINE

- Purpose and meaning, philosophy of testing and diagnosis
- Testing phases (data collection, analysis, reports)
- Hardware equipment required for testing
- Taking care of testing hardware, charging
- Starting the program
- Program set up
- Athlete reports
- Standards, distribution, meaning
- Test day, test plan
- Test selection
- Description of the standard testing, video demonstration
- Implementation of testing, ensuring same condition for every tested athlete
- Instant comparison with the standard during testing
- Processing the results in a central database
- Online report results
- Individual reports of a player
- Team reports
- Parallel testing on several laptops at once
- Standardized test sets: Advance Entry
- beeSPORT as a motivator while training

## WHO THE COURSE IS FOR

Coaches in sport centers, sports clubs

## REQUIRED SKILLS

Basic computer skills

## LINK TO PRODUCT DETAIL

[/www.hockeydts.com/beesport](http://www.hockeydts.com/beesport)

## LINK TO COURSE DETAIL

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[www.eduprosport.com/en/course/DG001](http://www.eduprosport.com/en/course/DG001)

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