

**COURSE: FS001**

#### SPONSOR

Peter Solmoši

#### LECTURER

Peter Solmoši

#### LANGUAGE

EN RU SK

#### DURATION (TIME)

45 min.

#### PLACE

HST room

#### DIFFICULTY



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# Fusion Skating Skatemill

## AFTER COMPLETING THIS COURSE, YOU WILL BE ABLE TO

Use skating treadmill. From the beginning we discuss technical possibilities, but also the security service and regular maintenance of the treadmill. You will learn how to properly consolidate skater as to ensure its safety and how to safely navigate the hockey treadmill room.

## COURSE OUTLINE

- Basic technical parameters of hockey skating treadmill A230
- Basic components and machine accessories
- Safety mechanism handles
- Surface for the puck
- General safety rules
- Technical rules for the safe operation
- Controlling the treadmill, screen, remote control
- Belt tilt
- Change of direction
- Treadmill servis
- Regular, precautionary service
- The most common failures and troubleshooting
- HST manual
- Belt lubrication

## WHO THE COURSE IS FOR

Coaches in hockey centers which owns skating treadmill.

## LINK TO PRODUCT DETAIL

[www.hockeydts.com/packages/fusion-skating/hst-skating-treadm...](http://www.hockeydts.com/packages/fusion-skating/hst-skating-treadm...)

## LINK TO COURSE DETAIL

[www.eduprosport.com/en/course/FS001](http://www.eduprosport.com/en/course/FS001)